

Survey of psychosocial programmes and additional support services for refugees and people with migrant background in Austria (extended version)

 Federal Ministry
Republic of Austria
Social Affairs, Health, Care
and Consumer Protection

This list on psychosocial offers for refugees and people with migrant background was compiled by the Federal Ministry of Social Affairs, Health, Care and Consumer Protection (BMSGPK) as a service to readers, but makes no claim to exhaustiveness and does not constitute any recommendations. Last updated on 17th August 2022

Psychosocial programmes

Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Reset	Psychotherapy and psychology guided programmes in individual and group settings	Violence, stress management, emotion regulation	Refugees and other immigrants affected by violence	Yes, depending on the programme	Yes, depending on the programme	https://www.projekt-reset.at/
Diakonie: AMIKE Helpline – native-speaking psychosocial counselling	Advice and support in the case of psychosocial problems, helpline	Family, work, social affairs, fears about the future	People with a migration background and refugees	Dari, Farsi, Arabic, Kurdish, English, Bosnian-Croatian-Serbian, Russian, Turkish, Ukrainian		https://www.diakonie.at/unsere-angebote-und-einrichtungen/amike-telefon
Crisis Intervention Centre	Acute interventions, short-term therapeutic care, supplementary medical care, individual, couple and group discussions; Telephone and e-mail consultations (throughout Austria), personal support (Vienna and the surrounding area)	Acute psychosocial crises, acute traumatization, suicide risk, risk of violence	Persons aged 18 and over who are in an acute psychosocial crisis, have experienced acute traumatization, and who are at risk of suicide and violence; relatives of people with suicidal tendencies or after a suicide	No	Dari, Farsi, Arabic, Russian, Ukrainian, Polish, Bosnian, Croatian, Serbian, Spanish	https://kriseninterventionszentrum.at/

Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
HelpChat	Online counselling for girls and women affected by violence	Physical, psychological, sexualised, family violence; digital violence, hate speech online, etc.	Women and girls affected by violence	Russian, Arabic, Bosnian-Croatian-Serbian, English, Dari, Farsi, French, Italian, Polish, Romanian, Somali, Spanish, Turkish		www.haltdergewalt.at
Association of Autonomous Austrian Women's Shelters	Women's helpline against violence, support for women experiencing violence	Violence	Women	Website available in various languages		https://www.a oef.at/
FGM Coordination Office – Service and Competence Center Austria	Advice, information and support	Female genital mutilation (FGM/C)	Women	Varies depending on the counselling centre: English, Arabic, Somali		https://fgm-koordinationstelle.at/
Weißer Ring	Advice and support, psychosocial and legal process support, in emergencies also material support	Violence, crime	Victims of crime	No	English, Turkish, Bosnian-Croatian-Serbian, Persian, French	https://www.weisser-ring.at/

Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
AFYA: Health Circles	Native language group workshop (in presence or online)	Stabilisation, mental health promotion	Women (and men) with refugee backgrounds	Russian, Ukrainian, Chechen, Dari, Farsi, Arabic, Somali, Pashto	No – programme available in participants first languages	https://www.afya.at/gesundheitskreise.php

Burgenland

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
<p>Diakonie: MOBEB Mobile Refugee Counselling Burgenland</p>	<p>Advice and support for orientation and coping with everyday life</p>	<p>Basic services, asylum procedures, integration, housing, health, social affairs, legal and return counselling, German courses</p>	<p>Asylum seekers</p>	<p>English, Arabic, Russian, Dari, Farsi, Patshu, Kurdish, French, Turkish, Italian, Hungarian, Tajik</p>	<p>If required (via external interpreters)</p>	<p>https://www.diakonie.at/unsere-angebote-und-einrichtungen/mobeb-mobile-fluechtlingsberatung-burgenland</p>
<p>Caritas: Intercultural Psychotherapy Burgenland (IPB)</p>	<p>Culturally sensitive, interpreter-assisted psychotherapy</p>		<p>Asylum seekers, beneficiaries of subsidiary protection</p>	<p>No</p>	<p>Dari, Farsi, Arabic, Russian, English, French</p>	<p>https://www.caritas-burgenland.at/hilfe-angebote/beratung-hilfe/beratung-fuer-menschen-in-lebens-und-beziehungskrisen/psychotherapie-fluechtlinge</p>

Carinthia

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
ASPIS: Psychosocial Centre for Refugees and Victims of Violence	Interpreter-supported intercultural trauma therapy in individual and group settings; support and advice	Flight, violence	Asylum seekers, persons entitled to asylum, beneficiaries of subsidiary protection		If necessary	https://aspis.aau.at/?page_id=15413
Caritas: Asylum and integration support	Basic services, German courses, integration support	Migration, asylum, integration	Refugees and migrants		If necessary	https://www.caritas-kaernten.at/hilfe-an-gebote/migration-asyl-integration
VOBIS: Psychosocial care	Advice and support, translation/interpreting, etc.	Open encounter and integration through language			If necessary	https://verein-vobis.com/projekte/psycho-soziale-betreuung/

Lower Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Caritas: Mobile refugee care Lower Austria	Advice, accompaniment, support, mediation	Asylum, basic services, everyday problems	Asylum seekers, persons entitled to asylum beneficiaries of subsidiary protection	Arabic, Dari, Farsi, English, French, Italian, Pashto, Russian	If necessary	https://www.caritas-wien.at/hilfe-angebote/asyl-integration/beratung-fuer-asylwerberinnen/fluechtlingsbetreuung-noe
Caritas: Refugee counselling	Social and legal advice, support, mediation		Asylum seekers, migrants, refugees	If necessary	If necessary	https://www.caritas-stpoelten.at/hilfe-angebote/asyl-und-integration/rechtliche-fluechtlingsberatung
Violence Protection Centre Lower Austria	Advice and support, process support, prevention of violence, protection of victims, etc.	Violence	Victims of violence	Bosnian-Croatian-Serbian, Turkish, English	Armenian, Albanian, Arabic, Bulgarian, Chinese/Canton/Mandarin, Bengali/Bangala/Hindi, English, French, Georgian, Greek, Sign Language, Dari, Farsi, Mongolian, Italian, Pashto, Portuguese, Polish, Punjabi, Romanian, Russian, Slovak, Serbian, Somali, Spanish, Tajik, Turkish, Chechen, Czech, Hungarian, Ukrainian	https://gewaltschutz-zentrum-noe.at/

Lower Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Women's Counselling Centres Lower Austria	Counselling	Personal, social, legal, financial, occupational affairs, health	Women, girls	See the respective programme	See respective programme	https://www.noegv.at/noe/Frauen/beratungundhilfe.html
Hilfswerk: Women's Phone Lower Austria	Telephone psychosocial advice and legal advice on 0800 800 810	Psychological, social, legal, health and financial issues	Women, girls	Turkish, Chechen, Russian, Ukrainian, Bosnian-Croatian-Serbian		https://www.hilfswerk.at/niederosterreich/familieberatung/jugendliche/noe-frauentelefon
Women's Counselling Mostviertel	Counselling, process support, psychotherapy, workshops	Personal, social, legal, economic, professional and health issues; violence	Women, girls, families	English	Arabic, Farsi, Turkish, Kurdish, Russian, Ukrainian, Spanish, Romanian; other languages on request	https://frauenberatung.co.at/
Women's Forum Gänserndorf	Individual, group and family counseling, crisis intervention, self-help group etc.	Social, legal, health, occupational, women's and family policy issues; violence	Women	Bosnian-Croatian-Serbian		http://www.frauenforum-gsdf.at/

Lower Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Undine: Women's Counselling Centre and Women's Housing Community (Baden)	Advice, information and support; mobile migrant counselling	Social and legal affairs, crises, violence	Women and migrants	English, Bosnian-Croatian-Serbian, Russian		https://www.undine.at/page.php
Women's Centre St. Pölten	Individual, group and family counselling, Psychotherapy; in person, by phone, by e-mail	(domestic, sexualised) violence, financial crises, work and profession	Girls from 10 years of age and women		English, Turkish, Russian, Arabic, Farsi	http://www.frauenzentrum.at/
Freiraum (Ternitz)	Women's and family counselling	Labour market, psychosocial counselling, psychotherapy, family counselling, legal advice	Women	Turkish		https://fb-freiraum.at/
Wendepunkt (Wiener Neustadt)	Women's and family counselling, women's shelter, women-specific psychotherapy, women's knowledge		Women	English, Bosnian-Croatian-Serbian, Russian	Dari, Farsi, Turkish, Hungarian, Arabic	https://www.wendepunkt.or.at/

Lower Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Kassandra (Mödling)	Counselling, information, psychotherapy	Discrimination, violence, parenting, relationship problems, financial problems, health, sexuality, loneliness	Women		Turkish	http://www.frauenberatung-kassandra.at/
Diakonie: Mobile Refugee Care – Lower Austria West	Psychosocial counselling, information, support, mediation	Basic services, integration, family, health, social affairs, housing etc.	Asylum seekers, beneficiaries of subsidiary protection, persons entitled to asylum	English, Russian, Dari, Farsi	If necessary	https://www.diakonie.at/unsere-angebote-und-einrichtungen/mobile-fluechtlingsbetreuung-niederosterreich-west
Diakonie: Jefira – Intercultural Psychotherapy Centre Lower Austria	Trauma-specific, culturally sensitive and interpreter-supported psychotherapy in individual and group settings; counselling	Violence, war, torture, expulsion, rape	Asylum seekers, beneficiaries of subsidiary protection and persons entitled to asylum		Dari, Farsi, Arabic and Russian; other languages if required	https://www.diakonie.at/unsere-angebote-und-einrichtungen/jefira-interkulturelles-psychotherapiezentrum-niederosterreich
TRALALOBÉ Women's refuge Hollabrunn	Assisted living, protection from violence, counselling, care, everyday support		Women and children seeking asylum, unaccompanied minor girls; programmes only for persons living in the facility	Arabic, Russian, Ukrainian, English, French	If necessary	https://www.tralalobe.at/projekte/tralalobe-haus-der-frauen-hollabrunn

Lower Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Hilfswerk: Counselling in all life situations, Family and Counselling Centre Baden	Counselling, (interpreter-supported) individual and group therapy	Family and social affairs, work, financial issues, flight, migration	Children, adolescents and adults; asylum seekers, persons entitled to asylum		If necessary	https://sozialinfo.noel.gv.at/content/de/9/InstitutionDetail.do?it_1=7341522
AFYA: STRONG without violence	Maternity training programme/workshop series	Emotion regulation, violence prevention	Young people between the ages of 15 and 25 affected by violence	Dari, Farsi, Arabic, Somali, Kurdish	No – programme available in participants first languages	https://www.afya.at/stark-ohne-gewalt.html
Caritas: SINTEM	Intercultural psychotherapeutic and psychological care, social work	Trauma disorders, insecurity (asylum procedure)	People with a refugee background	Dari, Farsi, Arabic, Russian	Chinese/Mandarin, French, Hindi, Kurmanji, Pashtu, Punjabi, Somali, Sorani, Spanish, Turkish, Ukrainian, Urdu	https://www.caritas-wien.at/hilfe-angebote/asyl-integration/beratung-fuer-asylwerberinnen/psychosoziale-angebote/sintem

Upper Austria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Migrare: Psychosocial counselling (and other services)	Advice and support; gender-specific programmes	Migration, social affairs, health, education, work	Migrants	Arabic, Bosnian-Croatian-Serbian, Turkish, Romanian, Pashto, Persian, Albanian, Arabic, Russian, Mongolian, Igbo, French, Kurdish		https://migrare.at/a/psychosoziale-beratung/
Volkshilfe: Therapy Center OASIS	Psychotherapy and psychological treatments	War, flight, violence, asylum	Asylum seekers, beneficiaries of subsidiary protection	English, Russian, Bulgarian, Greek	Albanian, Arabic, Armenian, Dari, Farsi, Pashtu, Kurdish, Sorani, Ukrainian, Russian, Bosnian-Croatian-Serbian, Georgian, French, Italian, Portuguese, English, Turkish, Romanian, Hungarian, Somali, Begnali, Khmer	https://www.volkshilfe-ooe.at/die-volkshilfe/stuetzpunkte-bereiche/fluechtlings-und-migrantinnenbetreuung/betreuung-gesundheit/psychosoziale-betreuung-fuer-fluechtlinge/
Volkshilfe: Refugee and Migrant Care (FMB)	Counselling, support, accompaniment, psychosocial support, labour market integration etc.	Health, social affairs, work, education	Refugees and migrants			https://www.volkshilfe-ooe.at/die-volkshilfe/stuetzpunkte-bereiche/fluechtlings-und-migrantinnenbetreuung/

Salzburg

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Hiketides: Psychotherapy	Individual, couple and family treatments	Psychotherapy after war-related violence, torture, flight	Refugees in basic care	Arabic, English, Russian	Arabic, Dari, Farsi, Urdu, Hindi, Pashtu, Russian, Chechen, Somali, Sudanese, Kurdish, Ukrainian	https://hiketides.at/psychotherapie/
Hiketides: Native language	Transcultural psychotherapy in an individual setting	Psychotherapy in first language provision	Migrants	Turkish, Punjabi, Hindi, Urdu, Bosnian-Croatian-Serbian, Chinese/Mandarin	No	www.hiketides.at
Caritas: Crisis intervention and psychotherapy for asylum seekers – SOTIRIA	Group and individual therapy		Asylum seekers		If necessary	https://www.caritas-salzburg.at/hilfe-angebote/asyl-integration/krisenintervention-und-psychotherapie-fuer-asylwerbende

Styria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
TARA Counselling Centre	Information, counselling and crisis intervention	Sexual violence	Women and girls (from 16 years of age) who have experienced sexual violence	Hungarian	If required	https://www.taraweb.at/
ZEBRA: Intercultural psychotherapy	Individual and group therapy, medical-psychiatric counselling; accompanying social work and body therapy	Trauma, political violence	Refugees	Russian and English	Yes, all required languages	https://zebra.or.at/angebot/interkulturelle-psychotherapie/
ZEBRA: Family Counselling	Individual and family counselling	Family and legal affairs, work, health, family planning and pregnancy, poverty and poverty risk, violence	Migrants	Bosnian-Croatian-Serbian, English	Yes, all required languages	https://zebra.or.at/angebot/familienberatung-aktive-eltern/
Omega: Transcultural Psychotherapy	Individual and group treatment	Trauma	People with trauma	English, Bosnian-Croatian-Serbian, Russian, Farsi	Yes, all required languages	https://www.omega-graz.at/gesundheit/psychotherapie-einzel-und-gruppenbehandlung/

Styria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Omega: Open psychosocial counselling	Support with administrative procedures, psychosocial issues, search for therapy and other support options		Migrants	English, Dari, Farsi, Romanian, Bosnian-Croatian-Serbian, Russian, Armenian, Spanish	If necessary	https://www.omega-graz.at/integration/offene-beratung/
Omega: Portobella – Accompanying Integration	Group classes for women	Integration and independence	Asylum seekers, newly arrived women and persons entitled to asylum	Russian, Armenian, Dari, Farsi, Spanish	If necessary	https://www.omega-graz.at/integration/portobella/
Omega: Women's Discussion Group	Information, personal exchange, cultural programmes, exercise programmes, excursions; on site, by phone	"Women's issues", health and illness, activation	Female refugees	No – communication at different levels of German		https://www.omega-graz.at/gesundheit/frauen-gespr%C3%A4chs-gruppe/
Omega: Papa Chai – Men's Group	Language and cultural mediation, exchange; on site, by phone, online	Role model conflicts, relationships, violence, education, labour market integration, everyday problems, etc.	Men with and without a refugee background (between 20 and 40 years of age)	No, ideally German language skills at least at level A2		https://www.omega-graz.at/gesundheit/papa-chai/

Styria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
SOMM – Self-organization by and for migrant and muslim women	Individual and group counselling, workshops, lectures and German courses	Exchange, empowerment and support of women, educational and awareness-raising work	Migrant women, muslim women, women in general, girls	English, Turkish, Russian, Arabic, Dari, Farsi, Pashtu		https://www.somm.at/
Caritas: Regional refugee care	Information, social counselling, on site and mobile support	Financial, social and legal affairs, childcare, education, work, housing, integration, administrative procedures, German courses	Asylum seekers, persons entitled to asylum, beneficiaries of subsidiary protection and foreigners under the basic care of the province of Styria	English, French, Italian, Greek, Bosnian-Croatian-Serbian, Albanian, Romanian, Hungarian, Bulgarian, Russian, Ukrainian, Georgian, Chechen, Mongolian, Dari, Farsi, Pashtu, Urdu, Hindi, Punjabi, Bengali, Turkish, Arabic, Somali	If necessary	https://www.caritas-steiermark.at/fluechtlingsregionalbetreuung
Caritas: DIVAN	Women-specific, social/psychosocial/psychological, legal advice, support, stabilisation, information, workshops	Violence in the name of honour, forced marriage	Migrant women	Arabic, Dari, Farsi, Turkish, Somali, Kurdish, Bosnian-Croatian-Serbian, French, English, Russian	Yes, all languages	https://www.caritas-steiermark.at/hilfe-an-gebote/flucht-integration/beratung-hilfe/divan

Styria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
ISOP – Intercultural Health Assistance	Social counselling and support	Access to the health system, assistance with appointments, administrative procedures and necessary visits to the authorities	People with a migration background		Yes, all languages	https://www.isop.at/projekt/interkulturelle-gesundheitsassistenz/
Project FOMEN – Focus on Men	Men's counselling, workshops, interactive groups	Gender-sensitive and violence prevention work	Asylum seekers, persons entitled to asylum and beneficiaries of subsidiary protection	Dari, Farsi, Arabic	If necessary	https://www.focus-on-men.eu/
Project men's talk	Men's counselling, exchange, interactive groups	Gender equality, role models, prevention of violence, personal handling of the issue of honour	Persons entitled to asylum, beneficiaries of subsidiary protection and third-country nationals	Dari, Farsi, Arabic	If necessary	https://vmg-steiermark.at/de/men_talk

Styria

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
IKEMBA Association	Various projects: low-threshold German learning meeting for women, empowerment counselling, Dele – German course (A1), communication courses, sports groups, intercultural open youth work etc.	Social affairs and integration; health promotion; promoting education, language and culture; Families and youth development	Migrants	English, Romanian, Esan, Igbo, Arabic, Pashto, Dari, Farsi, Urdu, Albanian, Italian, Spanish, French		www.ikemba.at/
Project "Health Hub"	Workshops and communication courses on psychosocial health and health literacy; Empowerment groups for parents and young people	Empowerment, Integration	Migrants	English, Romanian, Esan, Igbo, Arabic, Pashto, Dari, Farsi, Urdu, Albanian, Italian, Spanish, French		http://www.ikemba.at/schwerpunkte/gesundheitsfoerderung/

Tyrol

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Diakonie: ANKYRA – Centre for Intercultural Psychotherapy	Trauma-specific, culturally sensitive and interpreter-assisted psychotherapy in individual and group settings, psychiatric counselling	Violence, war, torture, expulsion, rape	Asylum seekers, beneficiaries of subsidiary protection and persons entitled to asylum		Arabic, Dari, Farsi, Turkish, Russian, Bosnian-Croatian-Serbian; other languages if required	https://www.diakonie.at/unser-angebote-und-einrichtungen/ankyra-zentrum-fuer-interkulturelle-psychotherapie-in-tirol
FLUCHTpunkt	Help, legal and psychosocial counselling, intervention, support and accompaniment	Basic care, asylum procedures, residence status, detention, health, financial, social difficulties or problems coping with everyday life	Refugees	English, Russian, Chinese/Mandarin, Arabic, Bosnian-Croatian-Serbian, Turkish, Persian, French, Spanish, Kurdish, Somali, Armenian		https://www.flucht-punkt.org/
Mobile Intercultural Teams of the ÖZPGS	Psychological health promotion in schools		Children, adolescents, parents	Arabic, Dari, Farsi, English		https://bildung-tirol.gv.at/mobile-interkulturelle-teams
Women from all countries	German courses, basic education, political education, learning afternoons; advice on women's and migrant-specific topics; leisure and cultural activities	Counselling, education, work, housing, residence, livelihood, family, violence, migration, discrimination, etc.	Women	Albanian, Turkish, Bosnian-Croatian-Serbian, Russian, French, Italian, Spanish, Bulgarian	If necessary	https://wordpress.frauenausallenlaendern.org/

Vorarlberg

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
femail – Information from women for women	Individual consultations and workshops	Work, education, family, health, security and integration	Girls and women	Turkish	If necessary	https://www.femail.at/
Caritas: Refugee aid	Accommodation, social counselling and support	Social affairs, education, integration, family, legal affairs, asylum procedures, etc.	Refugees	English, partly Arabic, Turkish	Albanian, Arabic, Armenian, Azerbaijani, Bangla, Bosnian-Croatian-Serbian, Bulgarian, Chinese/Mandarin, Dari, Farsi, English, French, Georgian, Hindi, Kurdish, Mongolian, Pashto, Punjabi, Rohingya, Romanian, Russian, Slovak, Somali, Spanish, Tajiki, Tibetan, Czech, Chechen, Turkish, Ukrainian, Urdu, Uzbek	https://www.caritas-vorarlberg.at/hilfe-an-gebote/fluechtlinge

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Crisis Intervention Centre	Acute interventions, short-term therapeutic care, supplementary medical care, individual, couple and group discussions; Telephone and e-mail consultations (throughout Austria), personal support (Vienna and the surrounding area)	Acute psychosocial crises, acute traumatization, suicide risk, risk of violence	Persons aged 18 and over who are in an acute psychosocial crisis, have experienced acute traumatisation, and who are at risk of suicide and violence; relatives of people with suicidal tendencies or after a suicide	No	Dari, Farsi, Arabic, Russian, Ukrainian, Polish, Bosnian, Croatian, Serbian, Spanish	https://kriseninterventionszentrum.at/
HEMAYAT	Psychotherapy, crisis intervention, systemic family therapy, art therapy, exercise therapy, etc.	Torture, war	Survivors of torture and war, people with extreme traumatisation	Albanian, Arabic, Bosnian-Croatian-Serbian, Chinese/Mandarin, English, French, Dutch, Persian, Russian, Spanish, Slovak, Slovenian, Czech, Turkish	Albanian, Armenian, Arabic, Dari, Farsi, Pashto, Russian, Ukrainian, Georgian, Turkish, Somali, Sorani, Kurmanci, Bangla, Hindi, Urdu, Mongolian, Chinese/Mandarin, French	http://www.hemayat.org/
Peregrina: Women.Refuge	Psychological counselling and treatment in individual settings	Psychological stress and mental illness, crisis, relationship problems, reflection on migration experiences and discrimination	Female migrants and persons entitled to asylum above 16 years of age	Bosnian-Croatian-Serbian, English	Arabic	https://www.peregrina.at/psychologische-beratung-und-behandlung

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
PSD Vienna: Outpatient psychiatric clinics and special facilities	Social psychiatric treatment, care and support	Complex specialist socio-psychiatric programme	Adults from the age of 18 (also for uninsured persons)	No	Video interpreting in all common languages	https://www.psd-wien.at/einrichtung/behandlung/ambulatorien.html https://psd-wien.at/
neunerhaus: Low-threshold social work	(Psychosocial) counselling and support, information, crisis intervention, needs-oriented referral	Social inclusion and everyday structuring, orientation and signpost function in the Viennese social landscape, health promotion	Homeless and uninsured people	No	Video interpreting in most languages, use of pictograms, patient handling of language barriers	https://www.neunerhaus.at/konzepte/niederschwellige-sozialarbeit/
neunerhaus: Housing First	Personal and telephone advice, home visits, accompaniment	Orientation, integration and inclusion; trauma work and refugee experiences; housing and housing security; financial security; family counselling	People affected by or at risk of homelessness	No	Video interpreting in all languages	https://www.neunerhaus.at/konzepte/wohangebote/neunerhaus-housing-first/

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
neunerhaus: Mobile Social Work	Everyday support, support during transitional periods, crisis situations, reorientation in a new country, social law issues, appointments with the authorities, and much more	Ensuring a livelihood and housing security, fulfilment of basic needs	Families entitled to asylum, former recipients of basic care; clients of the Vienna Homeless Assistance programme	No	Video interpreting in all languages	https://www.neunerhaus.at/konzepte/wohnangebote/neunerhaus-mobile-sozialarbeit/
AFYA: Strengthening forces – coping with trauma	Native-language training programme/ workshop series	Skills training for trauma management	Children and adolescents	Russian, Ukrainian, Chechen, Dari, Farsi, Arabic, Somali, Kurdish, Pashto	No – programme available in participants first languages	https://www.afya.at/workshop-kraefte-staerken.php
AFYA: Strengthening Families – Coping with Trauma	Native-language training programme/ outreach family accompaniment	Skills training for coping with trauma (in a family setting)	Children, adolescents, parents	Russian, Ukrainian, Chechen, Dari, Farsi, Arabic, Somali, Kurdish	No – programme available in participants first languages	https://www.afya.at/familien-staerken-trauma-bewaeltigen.html
AFYA: STRONG without violence	Native training programme/workshop series	Emotion regulation, violence prevention	Young people between the ages of 15 and 25 affected by violence	Dari, Farsi, Arabic, Somali, Kurdish	No – programme available in participants first languages	https://www.afya.at/stark-ohne-gewalt.html

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
AFYA: Health Circles	Native language group workshop (in presence or online)	Stabilisation, mental health promotion	Women and men with refugee backgrounds	Russian, Ukrainian, Chechen, Dari, Farsi, Arabic, Somali, Pashto	No – programme available in participants first languages	https://www.afya.at/gesundheitskreise.php
Strangers become friends	Language cafés, integration support, leisure activities, psychological consultation hours, psychological counselling, coaching, women's chat group	Social inclusion		Arabic, English, French		www.fremdwerdenfreunde.at
Strangers become friends: Azima	Psychological counselling, coaching, psychological groups		Women and men with a history of flight and migration (between the ages of 16 and 30)	Arabic, English, French	If necessary	www.azima.at
FEM + FEM South	Advice (in person, by phone and online), courses & workshops	Physical and mental health, nutrition, education, social affairs, employment	Girls, women and parents	Bosnian-Croatian-Serbian, English, Turkish, Dari, Farsi, Arabic, Somali	If necessary, with translation aids and external interpreters	https://femsued.at/

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
<p>FEM: NEDA – gender- and culture-sensitive services for recipients of basic care with mental health issues</p>	<p>Psychotherapeutic consultations (personal, telephone, online); psychoeducation workshops; videos and podcasts for download</p>	<p>Psychological first aid, stabilisation and easing of burdens</p>	<p>Underage and adult refugee women and men in basic care</p>	<p>Ukrainian, Russian, Dari, Farsi, Arabic (as first languages) and English (not as a first language, but without interpreting)</p>	<p>All other languages if required</p>	<p>https://fem.at/arbeitsbereiche/neda/</p>
<p>LEFÖ – Counselling, education and support for migrant women</p>	<p>Intervention agency for victims of trafficking in women; safe living; accompaniment, support, advice and intervention, process support; psychosocial care, psychological, social, health and life counselling; medical care; mediation on German courses, further education and integration programmes</p>	<p>Trafficking in women; housing, health, social affairs, residence, work, education; administrative procedures</p>	<p>Migrant women who are trafficked to or within Austria and exploited using violence, threats, exploitation of their strong dependence or deception</p>	<p>Amharic, Arabic, English, Serbian, Romanian, Russian, Spanish, Hungarian</p>	<p>Internal translation assistance in Amharic, Arabic, English, Serbian, Romanian, Russian, Spanish and Hungarian possible as well as cooperation with external interpreters</p>	<p>https://lefoe.at/</p>

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
MEN VIA – Victim protection for men affected by human trafficking	Advice, care, safe accommodation, support in legal, medical, psychological and social matters and support in planning for the future	Trafficking in human beings (men)	Male victims of human trafficking	Bosnian-Croatian-Serbian, Bulgarian, English, Farsi, French, Italian, Croatian, Kurdish, Polish, Romanian, Russian, Spanish, Turkish	If necessary	https://men-center.at/arbeitsbereiche/men-via/
Psychosocial Healthcentre ESRA	Medical treatment, psychiatric treatment, psychotherapy, psychology, nursing, social support	Trauma disorders	Acutely traumatized individuals or people who suffer from chronic trauma disorders; survivors of Nazi persecution; descendants and relatives of victims of Nazi persecution of the Jewish population of Vienna	English, Russian, Hebrew	If necessary	www.esra.at/
Addiction Assistance Vienna	Addiction counselling, care and mediation in further treatment	Problematic substance use and dependence	Residents under basic care with problematic substance use or dependence (alcohol or illegal substances)	No	Video interpreting, all common languages on demand	https://www.sucht-hilfe.at

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Caritas: SINTEM	Intercultural psychotherapeutic and psychological care, social work	Trauma disorders, insecurity (asylum procedure)	People with a refugee background	Dari, Farsi, Arabic, Russian	Chinese/Mandarin, French, Hindi, Kurmanji, Pashtu, Punjabi, Somali, Sorani, Spanish, Turkish, Ukrainian, Urdu	https://www.caritas-wien.at/hilfe-angebote/asyl-integration/beratung-fuer-asylwerberinnen/psychosoziale-angebote/sintem
Caritas: MIT (Mobile Intervention Team)	Individual counselling, psychoeducational groups	Trauma due to war, torture and flight; uncertainty and lack of prospects in long asylum procedures	Refugees in Vienna's basic care	English, French	Dari, Farsi, Pashto, Arabic, Russian, Ukrainian, Sorani/Kurmanji, Somali, Chinese, Bosnian-Croatian-Serbian	https://www.caritas-wien.at/hilfe-angebote/asyl-integration/beratung-fuer-asylwerberinnen/psychosoziale-angebote/mit-mobiles-interventionsteam
Caritas: House Amadou	Emergency accommodation, safeguarding basic needs, social and legal advice, crisis intervention; occupational therapy projects; organisation of medical and psychotherapeutic treatment; childcare support, integration measures	Basic services, accommodation, promotion of independence, integration, employment, housing	Refugees, asylum seekers, destitute migrants	Kurdish, Asari, Chechen, Albanian, Bosnian-Croatian-Serbian, Igbo, Armenian	Arabic, Farsi, Turkish, English, French, Russian, Slovak, Polish, Czech	www.caritas-wien.at/hilfe-angebote/asyl-integration/wohnen/notversorgung/haus-amadou/

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Diakonie: Counselling Centre Ukraine	Assessment, assistance, information, advice, accompaniment (by phone and in person)	Social affairs, health, family, crisis situations, work, education, housing, German courses	Refugees from Ukraine	English, Ukrainian, Russian		https://www.diakonie.at/unserere-angebote-und-einrichtungen/beratungszentrum-ukraine
Diakonie: Psychotherapy and health	Psychosocial and socio-medical counselling, psychotherapy, acute care		Refugees, people affected by poverty or uninsured	See the respective programme	See the respective programme	https://www.diakonie.at/unserere-themen/flucht-und-integration/psychotherapie-und-gesundheit
Diakonie: Social and Youth Counselling Vienna	(Psychosocial) advice, accompaniment, support, prevention, information	Education and training, housing, health, work, social affairs, family, German courses, asylum status, etc.	Asylum seekers and persons entitled to protection (in terms of basic services and benefits)	Arabic, Somali, Dari, Farsi, Pashto	Arabic, Somali, Dari, Farsi and Pashto	https://www.diakonie.at/unserere-angebote-und-einrichtungen/sozial-und-jugendberatung-wien
Diakonie: Women's Counselling Vienna	(Socio-medical) advice, support in administrative procedures etc.	Social benefits, health, asylum and residence, family, help with violent incidents, etc.	Refugee women	Arabic, Dari, Farsi, English, Georgian, Somali, Russian		https://www.diakonie.at/unserere-angebote-und-einrichtungen/frauenberatung-wien

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Diakonie: Integration and Education Centre Vienna (IBZ)	(Psychosocial) advice, initial help, support	Housing, education, work, integration	Refugees; programme for tenants of the starting appartements Zinnergasse as well as project-owned starting appartments	English, Arabic	Somali	https://www.diakonie.at/unsere-angebote-und-einrichtungen/ibz-wien
Integration House	Psychosocial care, counselling, assisted living, youth coaching	Social affairs, work, training, housing	Asylum seekers, beneficiaries of subsidiary protection and basic care	Arabic, Bosnian-Croatian-Serbian, Chinese/Mandarin, English, Farsi, French, Hebrew, Italian, Kinyarwanda, Kirundi, Romanian, Russian, Spanish, Swahili, Turkish	If necessary	https://www.integrationshaus.at/de/psychosoziale-betreuung
Ute Bock Refugee Project	Accommodation, basic care, (social) counselling, education centre	Social and legal affairs, integration, education, German courses, emergency aid	Refugees	English, French, Russian, Arabic, Dari, Farsi, Pashto, Urdu, Hindi, Bosnian-Croatian-Serbian, Turkish		https://www.frau-bock.at/de/

Vienna

Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Orient Express	Counselling, women's counselling and coordination centre, learning centre, shelter, workshops, projects; nationwide coordination office against abduction and forced marriage	Counselling, education, accommodation	Women with a refugee/migrant background	Turkish, Arabic, Bosnian-Croatian-Serbian, Dari, Farsi, Kurdish, Tajik, English, French (depending on the programme)	If necessary	https://www.orientexpress-wien.com/home
Association You are welcome	German courses, trauma center, social work, cultural program	Stress caused by issues in their home country and difficulties in Austria	Refugees	English, Arabic, Farsi	If necessary	http://www.you-are-welcome.at/

Further programmes and information

Province	Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Austria	Austrian Integration Fund (ÖIF)	Service and advice	Integration, orientation, German courses, funding, focused advice for women and men	Refugees and immigrants		If necessary	https://www.integrationsfonds.at/themen/beratung/
Austria	ÖIF: Buddy Program	Buddy partnerships between young Austrians (16–35 years) and displaced persons from Ukraine (12–35 years)		Young refugees from Ukraine and other countries of origin			https://www.integrationsfonds.at/buddy-programm
Austria	Asylum Coordination Austria	Information, workshops, seminars, networking, public relations; support of organisations, initiatives and volunteers in advising and caring for refugees	Flight, migration	Refugees, NGOs, authorities, individuals	See respective programme	See respective programme	https://www.asyl.at/de/

Further programmes and information

Province	Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Austria	Austrian Early Childhood Intervention Programme	Accompaniment by a person of trust and referral to specific support services		Pregnant women and families in a stressful situation with a child aged 0–3 years	Information material in: Arabic, Bosnian-Croatian-Serbian, Dari, Farsi, Polish, Romanian, Russian, Turkish, Hungarian English	Partly video interpreting	https://www.fruehehilfen.at/
Austria	School Psychology	Social work counselling for pupils		Students	Russian and Ukrainian		https://www.schulpsychologie.at/startseite/news-detailansicht/ukraine-krieg
Austria	BÖP – Professional Association of Austrian Psychologists	Emergency psychological information sheet		Those affected by the psychological consequences of the war in Ukraine	Russian and Ukrainian		https://www.boep.or.at/aktuelles/detail?news_item_id=6238326a3c-15c8100700000a
Austria	Train of Hope – Refugee Aid	Acute care, primary care, counselling, support, care, networking	Acute and initial help, integration	Refugees, people seeking protection			http://www.trainofhope.at/ www /

Further programmes and information

Province	Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Austria	Refugees Welcome	Accommodation Service		Refugees	Website available in various languages		https://www.fluechtlinge-willkommen.at/
Burgenland	Educational counselling for refugees and migrants	Advice, information and support	Austrian education system, labour market, job applications, recognition of foreign educational and professional qualifications	Refugees and migrants	English	If necessary	https://www.bib-burgenland.at/bildungsberatung-gefluechtete-und-m
Carinthia, Styria, Burgenland	ZEBRA: AST – Contact Point	Individual consultation	Recognition and nostrification of training/ qualifications	Migrants with training acquired abroad	Bosnian-Croatian-Serbian, English, Arabic, French, Russian, Ukrainian, Turkish	No	https://zebra.or.at/an-gebot/ast/
Carinthia, Lower Austria, Styria, Tyrol, Vienna	Mother schools – Women without Borders	On-site at the facility, by phone, online	"Mother School" – 10 workshops on radicalisation of young people	Women	English		https://wwb.org/activity/motherschools-austria/

Further programmes and information

Province	Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Styria	Danaida	(German-)courses with childcare	Counselling and education (German, literacy, basic education)	Migrant women	English, French, Spanish, Bosnian-Croatian-Serbian, Turkish; brief information in various languages		https://www.danaida.at/
Styria	ZEBRA: Connecting People	Training for sponsors and placement with unaccompanied minor refugees	Sponsorship for unaccompanied minor refugees	Unaccompanied minor refugees	No	No	https://zebra.or.at/angebot/connecting-people/
Styria	ZEBRA: Integration Path	Individual counseling, group training; support in finding a job	Professional integration	Unemployed migrants with work permits in Austria	Bosnian-Croatian-Serbian, English, Arabic, French, Kurdish, Turkish, Dari, Farsi, Hungarian, Romanian, Azerbaijani, Russian, Czech, Pashto, Hindi, Urdu	No	https://zebra.or.at/angebot/integrations-pfad/

Further programmes and information

Province	Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Styria	ZEBRA: Office for Immigration Law	Individual consultation	Residence status, asylum procedures, basic services, citizenship, work	Migrants with questions about their residence status	English	Yes, all required languages	https://zebra.or.at/angebot/fremdenrecht/
Styria	ZEBRA: Living together in neighbourhood & community	Information, education and advice on networking and participation in communities	Non-profit employment for asylum seekers and networking with municipalities	Refugees, mainly living in asylum quarters	No	Yes, depending on the topic	https://zebra.or.at/angebot/zusammenleben-in-quartier-und-gemeinde/
Tyrol	Refugee Midwifery Service Austria	Services, aids, support, advice, self-help groups	Pregnancy care	Refugee women and their newborns		English, Arabic, Farsi, Somali, Russian	https://www.rmsa.help/deutsch
Vienna	AmberMed	Outpatient medical care, medication assistance and social counselling		People with no health insurance	Various languages such as Dari, Farsi, Arabic, Russian etc.	If necessary	https://amber-med.at/

Further programmes and information

Province	Name of the programme	Type of programme	Thematic focus	Specific target group	Services in first languages other than German	Interpreting services	Further information
Vienna	Much more for everybody	Workshops, buddies, basic education and compulsory school, school leaving certificate, help finding employment and accommodation	Education, housing, health, employment, participation	Refugees	E.g. Dari, Farsi, Russian	E.g. Somali, Pashto	https://vielmehr.at/
Vienna, Lower Austria	Counselling Centre for Migrants	Consultation	Labour market, recognition of qualifications acquired abroad, further training	Migrants	Bosnian-Croatian-Serbian, Polish, Slovenian, Turkish, English, Spanish, Armenian, Arabic, Hindi (depending on the specific programme)		https://www.migrant.at/
Vienna	Don Bosco for Refugees	German courses, advice, cultural and leisure activities		Refugees between the ages of 16 and 30			https://fluechtlinge.donbosco.at/de/home.html